

**DavesDeliCatering.com**  
**"Feeding kids healthy food"**



**October 2023**  
**Lunch Menu**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>2</b> Chicken & cheese melt, veggies  Seasonal fruit	<b>3</b> Spaghetti marinara with meatballs, veggies, garlic bread  Seasonal fruit	<b>4</b> Teriyaki chicken chow mien  Seasonal fruit	<b>4</b> Oven roast turkey, mashed potatoes, veggies  Seasonal fruit	<b>6</b> Chicken nuggets, rice, Veggies  Seasonal fruit	<b>7</b>
<b>8</b>	<b>9</b> Turkey melt, veggies  Seasonal fruit	<b>10</b> Ravioli in creamy tomato sauce, steamed veggies  Seasonal fruit	<b>11</b> Beef, bean, cheese burrito, steamed veggies  Seasonal fruit	<b>12</b> BBQ chicken, mac 'n cheese, veggies  Seasonal fruit	<b>13</b> Pepperoni & cheese pizza, veggies  Seasonal Fruit	<b>14</b>
<b>15</b>	<b>16</b> Chicken tenders, tater tots, veggies,  Seasonal fruit	<b>17</b> Lasagna Rotella, veggies, garlic bread  Seasonal fruit	<b>18</b> BBQ Beef meatballs, rice, veggies  Seasonal fruit	<b>19</b> Chicken noodle soup, grilled cheese,  Seasonal fruit	<b>20</b> Spaghetti bolognese(meat sauce) veggies, garlic bread  Seasonal fruit	<b>21</b>
<b>22</b>	<b>23</b> Chicken & cheese melt, veggies,  Seasonal fruit	<b>24</b> Fettuccini Alfredo with chicken, veggies, garlic bread  Seasonal fruit	<b>25</b> Beef, bean, cheese burrito, steamed veggies  Seasonal fruit	<b>26</b> Oven roast turkey, mashed potatoes, veggies  Seasonal fruit	<b>27</b> Beef meatballs, penne marinara, veggies  Seasonal fruit	<b>28</b>
<b>29</b>	<b>30</b> Chicken nuggets, rice veggies  Seasonal fruit	<b>31</b> Ravioli in creamy tomato sauce, steamed veggies  Seasonal fruit				