DavesDeliCatering.com "Feeding kids healthy food"			(Jacoba)	May 2023 B		
-	Feeding kids hee	althy food"		Lunch Menu		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Chicken nuggets, rice, veggies Seasonal Fruit	2 Spaghetti bolognese(meat sauce) veggies, garlic bread Seasonal Fruit	3 Beef, bean, cheese burrito, steamed veggies Seasonal fruit	4 Chicken noodle soup, Grilled cheese Seasonal Fruit	5 Baked tilapia, rice veggies Seasonal fruit	6
	Seasonal From	Seasonal Tron		Seasonal Hon		
7	8 Ravioli in creamy tomato sauce, steamed veggies	9 Chicken tenders, Tater tots, veggies,	10 Teriyaki chicken Chow mien	11 BBQ beef, rice, veggies	12 Pepperoni & Cheese pizza, veggies	13
	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal Fruit	
14	15 Chicken nuggets, brown rice, veggies	16 Lasagna Rotella, veggies, garlic bread	17 Beef, bean, cheese burrito, steamed veggies	18 Oven roast turkey, mashed potatoes, veggies	19 Spaghetti marinara & meatballs, veggies garlic bread Seasonal fruit	20
	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit		
21	22 Chicken & cheese croissant, veggies,	23 Fettuccini Alfredo with chicken, veggies, garlic bread	24 Teriyaki Beef, rice, veggies	25 BBQ chicken, mac 'n cheese, veggies	26 Pepperoni & Cheese pizza, veggies	27
	Seasonal Fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal Fruit	
28	29 Memorial Day	30 Turkey & cheese melt, veggies	31 Beef, bean, cheese burrito, steamed veggies			
		Seasonal Fruit	Seasonal fruit			