



Personal Message From Our P.E.T. Trainer

I am very happy to again offer the **Parent Effectiveness Training (P.E.T.)** course at our school. **P.E.T.** is a perfect match for the Montessori Method. It promotes independence, self-reliance, caring for the feelings and behavior of others and learning to stand up for oneself.

P.E.T. started the whole revolution in parent education four decades ago. Its founder, Dr. Thomas Gordon, an intimate student of famed psychologist Dr. Carl Rogers, developed this revolutionary course.

I took the training as a parent and teacher when I was teaching at our Altadena School in the mid-1970s. It forever changed my approach to conflict in the classroom and helped me become a much more effective teacher and parent.

The special communication skills that are taught in **P.E.T.** are easily translatable out of the home environment into the classroom or business/corporate world.

Many years ago I completed the **P.E.T.** Trainers Course in San Diego to become a certified **P.E.T.** instructor. I extend a warm invitation to you, parents at Meher Montessori School, as well as to others interested in having better family relationships, to take the course with me. I am so convinced of the power of the **P.E.T.** material that I offer you a money back guarantee. If you attend all four classes and don't feel the course has greatly helped you, your tuition will be refunded.

Space is limited, so sign up today. The sign-up deadline is Friday, September 30. You must pre-register with a deposit of \$50. Send in the Registration Form today! Questions? Call me (323) 724-0683. or email: jpage@mehermontessori.org

John F. Page
Founder and Executive Director
Meher Montessori Schools

**Send in the Registration Form today!
Due: Friday, September 30, 2011**

COURSE DETAILS

- Childcare is provided.
- The four-week course is offered every Saturday beginning October 8, 2011.
- Each class is from 9:00 a.m. to 3:00 p.m.
- Classes will be held at Meher Montessori School, 2009 S. Garfield Avenue, Monterey Park.
- The tuition is \$200 per person and includes a complete P.E.T. packet, textbook, workbook, etc.
- Scholarships are available for those who are unable to afford the tuition.
- The Class is open to all MMS parents, family members, and members of the community.

P.E.T. REGISTRATION FORM

Name _____ Phone _____

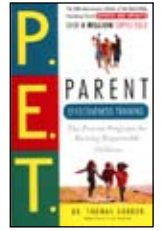
Address / City / Zip _____

Amount Enclosed _____ Any special questions about parenting? _____

Send in the Registration Form today!

www.mehermontessori.org

Due: Friday, September 30, 2011



Parent Evaluations:

"P.E.T. is a very valuable class. It helps me identify the ownership of problems and systematically apply different skills to resolve problems. It also helps me to realize the incorrect approaches I have been using to raise my child."

—M.C.

"I feel this course has provided me the essence of patience in parenting my child. It is helpful to see my child embrace my change and I feel happy and calm in dealing with issues."

—S.M.

I received great help in understanding where the problem really is. Good practice in identifying feelings in situations. It is both a relief and exciting to finally have a template to run problems, conflicts and positive communication questions through. I'm more open and forthcoming in my communication and am happier because my child feels heard.

—M.S.

A Special Message from Adela Muñoz Meher School Director

I found that the P.E.T. course gives you powerful tools for communicating. This is something every parent should learn, whether they have young children or teenagers, to avoid many of the frustrations that occur in raising children. P.E.T. gives you unique skills so you can develop a relationship where you and your child have a true understanding of each others' needs. It also helps you recognize and avoid certain things that we as parents do that actually sabotage our efforts in getting certain behavior from our children.

P.E.T. helps make parenting and working with children more effective and less stressful.

Parent Effectiveness Training (P.E.T.)™

Whether you're the parent of a toddler or a teenager, you know that parenting can be challenging, even overwhelming at times. Unfortunately, children don't come with an instruction manual. And, being a parent doesn't always mean that you automatically or instinctively know what to do.

Parent Effectiveness Training (P.E.T.) offers proven communication skills that really work. When parents use the skills they are amazed at the dramatic improvements in their families and in all their relationships. P.E.T. was created by award-winning psychologist and three-time Nobel Peace Prize Nominee, Dr. Thomas Gordon in 1962. A major revision of the P.E.T. program has recently been completed with new content, examples and material that actively address the current problems, issues and concerns of today's parents.

You, too, can learn these communication and conflict resolution skills through Dr. Gordon's P.E.T. program, taught by a certified P.E.T. Instructor.

You Will Learn How To:

- Talk to your children so that they will listen to you and change behavior.
- Listen to your children so they feel genuinely understood.
- Resolve conflicts and problems in your family so that no one loses and problems stay solved.
- Troubleshoot family problems and know which skills to use to solve them.

The Results for You and Your Family:

- Your children will feel free to discuss their problems and concerns with you instead of withdrawing
- You will learn how to work with each other instead of against each other
- Your children will learn self-discipline, self-control and responsibility
- You'll experience fewer angry outbursts and more problem-solving
- Motivation by everyone to make rules work because they help set them
- Fewer power struggles – less tension and resentment, more fun, more peace, more love

How the Program Works

This intensive, proven workshop is taught only by instructors certified by Gordon Training International. The workshop includes hands-on practice, brief instructor presentations, workbook exercises, demonstrations, small group discussion and at-home application.

Each participant receives a set of P.E.T. materials, including the 30th anniversary edition of the P.E.T. book, a P.E.T. Workbook, a Participant Certificate and a copy of Dr. Gordon's Credo. P.E.T. is a 24 hour program and the schedule for each workshop is determined by the instructor and the needs of the participants.